

*The following are inspiring, enriching books and music for your journey that Spirituality Network friends have recommended. Some reviews appear in a network newsletter issue, as noted.*

## BOOKS

### A

Armstrong, Karen. ***The Spiral Staircase: My Climb Out of Darkness***. NY: Anchor Publishing, 2005.  
*Recommended in Spring 2005 newsletter issue.*

Artress, Lauren. ***Walking a Sacred Path: Rediscovering the Labyrinth as a Spiritual Tool***.  
NY: Riverhead Books, 1996. *Recommended in Winter 2003 newsletter issue.*

### B

Baren, Renee and Elizabeth Wagele. ***The Enneagram Made Easy: Discover the 9 Types of People***.  
HarperSanFrancisco, 1994. *Recommended in Winter 2000 newsletter issue.*

Bartocci, Barbara. ***MidLife Awakenings, Discovering the Gifts Life Has Given Us***.  
Notre Dame, IN: Ave Maria Press, 1998. *Recommended in Winter 2000 newsletter issue.*

Büchmann, Christina and Celina Spiegel, eds. ***Out of the Garden: Women Writers of the Bible***.  
NY: Fawcett Columbine, 1994. *Recommended in Spring/Summer 2001 newsletter issue.*

### C

Canham, Elizabeth J. ***Heart Whispers: Benedictine Wisdom for Today***. Nashville, TN:  
Upper Room Books, 1999. *Recommended in Fall 2001 newsletter issue.*

Carotenuto, Aldo. ***Eros and Pathos: Shades of Love and Suffering***. Toronto: Inner City Books, 1989.  
*Recommended in Fall 2005 issue.*

Chittister, Joan. ***Becoming Fully Human: The Greatest Glory of God***. WI: Sheed and Ward  
Publishers, 2004. *Recommended in Winter 2005 issue.*

Chittister, Joan. ***Illuminated Life: Monastic Wisdom for Seekers of Light***. NY: Orbis  
Books, 2000. *Recommended in Winter 2001 newsletter issue.*

Chittister, Joan. *Seeing with Our Souls: Monastic Wisdom for Every Day*. WI: Sheed and Ward Publishers, 2002. *Recommended in Spring 2005 issue.*

Chopra, Deepak. *How to Know God: The Soul's Journey Into the Mystery of Mysteries*. NY: Harmony Books, 2000. *Recommended in Fall 2001 newsletter issue.*

Curry, Helen and Jean Houston. *The Way of the Labyrinth: A Powerful Meditation for Everyday Life*. NY: Penguin Compass, 2000. *Recommended in Winter 2003 newsletter issue.*

## D

De Mello, Anthony. *The Song of the Bird*. Garden City, NY: Image Books, 1984. *Recommended in Winter 2000 newsletter issue.*

Douglas-Klotz, Neil. *Prayers Of The Cosmos: Meditations On The Aramaic Words Of Jesus*. San Francisco: Harper, 1994. *Noted in Spring 2005 newsletter issue.*

Douglas-Klotz, Neil. *The Hidden Gospel: Decoding the Spiritual Message of the Aramaic Jesus*. IL: Quest Books, 1999. *Noted in Spring 2005 newsletter issue.*

Douglas-Klotz, Neil. *Desert Wisdom: Sacred Middle Eastern Writings From The Goddess Through The Sufis*. San Francisco : HarperSanFrancisco, 1995. *Noted in Spring 2005 newsletter issue.*

Douglas-Klotz, Neil. *The Sufi Book of Life: 99 Pathways of the Heart for the Modern Dervish*. NY: Penguin Compass, 2005. *Noted in Spring 2005 newsletter issue.*

Douglas-Klotz, Neil. *The Genesis Meditation: A Shared Practice of Peace for Christians, Jews, and Muslims*. IL: Quest Books, 2003. *Noted in Spring 2005 newsletter issue.*

Dyer, Donald R. *Jung's Thoughts on God: Religious Depths of the Psyche*. York Beach, ME: Nicolas-Hays, 2000. *Recommended in Winter 2000 newsletter issue.*

## E

Elie, Paul. *The Life You Save May Be Your Own: An American Pilgrimage*. NY: Farrar, Straus and Giroux, 2004. *Recommended in Fall 2005 issue.*

## F

Feiler, Bruce. *Where God Was Born: A Journey by Land to the Roots of Religion*. NY: William Morrow, 2005. *Recommended in Fall 2006 issue.*

Fischer, Kathleen R. ***Autumn Gospel: Women in the Second Half of Life***. NY: Paulist Press, 1995. *Recommended in Winter 2000 newsletter issue.*

Fowler, George. ***Dance of a Fallen Monk: The Twists and Turns of a Spiritual Life***. MA: Addison-Wesley, 1995. *Recommended in Winter 2000 newsletter issue.*

Franham, Suzanne G., Stephanie A. Hull, and R. Taylor McLean. ***Grounded in God: Listening Hearts Discernment for Group Deliberations***. PA: Morehouse Publishing, 1999. *Recommended in Winter 2000 newsletter issue.*

## G

Gateley, Edwina. ***Christ in the Margins***. NY: Orbis Books, 2003. *Recommended in Spring 2007 newsletter issue.*

Gateley, Edwina. ***Growing into God***. WI: Sheed & Ward, 2000. *Recommended in Winter 2006 newsletter issue.*

Gateley, Edwina. ***A Mystical Heart: 52 Weeks in the Presence of God***. NY: Crossroad Publishing, 1998. *Recommended in Winter 2006 newsletter issue.*

Gateley, Edwina. ***Psalms of a Laywoman***. WI: Sheed & Ward, 2000. *Recommended in Winter 2006 newsletter issue.*

Gateley, Edwina. ***Soul Sisters: Women in Scripture Speak to Women Today***. NY: Orbis Books, 2002. *Recommended in Winter 2002 newsletter issue.*

## H

Hamma, Robert M. ***Landscapes of the Soul: A Spirituality of Place***. IN: Ave Maria Press, 1999. *Recommended in Winter 2000 newsletter issue.*

## I

Idliby, Rabya, Suzanne Oliver, and Priscilla Warner. ***The Faith Club: A Muslim, A Christian, A Jew—Three Women Search for Understanding***. NY: Free Press, 2006. *Recommended in Fall 2007 newsletter issue.*

## J

Jäger, Willigis. *Search for the Meaning of Life: Essays and Reflections on the Mystical Experience*. Liguori, MO: Triumph Books, 1995. *Recommended in Winter 2000 newsletter issue.*

## K

Keating, Thomas. *An Invitation to Love: The Way of Christian Contemplation*. NY: Continuum Press, 1995. *Recommended in Winter 2003 newsletter issue.*

Keating, Thomas. *Open Mind, Open Heart: The Contemplative Dimension of the Gospel*. NY: Continuum Press, 1995. *Recommended in Winter 2003 newsletter issue.*

Kidd, Sue Monk. *Firstlight: The Early Inspirational Writings*. NY: Guideposts, 2006. *Recommended in Fall 2007 newsletter issue.*

Kidd, Sue Monk. *When the Heart Waits: Spiritual Direction for Life's Sacred Questions*. HarperSanFrancisco, 1992. *Recommended in Winter 2000 newsletter issue.*

Kirvan, John. *God Hunger: Discovering the Mystic in All of Us*. Notre Dame, IN: Sorin Books, 1999. *Recommended in Fall 2005 issue.*

Kirvan, John J. *There is a God, There is No God: A Companion for the Journey of Unknowing*. Notre Dame, IN: Sorin Books, 2003. *Recommended in Winter 2003 newsletter issue.*

Kirwin, John. *God Hunger: Discovering the Mystic in All of Us*. Notre Dame, IN: Sorin Books, 1999. *Recommended in Winter 2000 newsletter issue.*

Kohanov, Linda. *The Tao of Equus: A Woman's Journey of Healing and Transformation Through the Way of the Horse*. CA: New World Library, 2001. *Recommended in Spring 2007 newsletter issue.*

Kohanov, Linda. *Riding Between the Worlds: Exploring Our Potential Through the Way of the Horse*. CA: New World Library, 2003. *Recommended in Spring 2007 newsletter issue.*

Kushner, Harold S. *Living a Life that Matters: Resolving the Conflict Between Conscience and Success*. NY: Alfred A. Knopf, 2001. *Recommended in Winter 2001 newsletter issue.*

## L

Lamott, Anne. *Traveling Mercies: Some Thoughts on Faith*. NY: Anchor Books, 1999.

*Recommended in Winter 2000 newsletter issue.*

Lasater, Judith. ***Living Your Yoga: Finding the Spiritual in Everyday Life***. CA: Rodmell Press, 2000.  
*Recommended in Winter 2000 newsletter issue.*

LeVoy, Greg. ***Callings: Finding and Following an Authentic Life***. NY: Three Rivers Press, 1998.  
*Recommended in Winter 2000 newsletter issue.*

Lopez, Barry. ***Arctic Dreams: Imagination and Desire in a Northern Landscape***. NY: Vintage Books, 2001, 1986. *Recommended in Spring 2006 newsletter issue.*

Lybarger, Loren D. ***Identity and Religion in Palestine: The Struggle Between Islamism and Secularism in the Occupied Territories***. NJ: Princeton University Press, 2007.  
*Recommended in Winter 2007 newsletter issue.*

## M

Markova, Dawna. ***I Will Not Die an Unlived Life: Reclaiming Purpose and Passion***. CA: Conari Press, 2000. *Recommended in Autumn 2002 newsletter issue.*

Merrill, Nan C. ***Meditations and Mandalas: Simple Songs for the Spiritual Life***. NY: Continuum Press, 1999. *Recommended in Winter 2002 newsletter issue.*

## N

Nolan, Albert. ***Jesus Before Christianity***. NY: Orbis Books, 1992. *Recommended in Winter 2000 newsletter issue.*

Norris, Kathleen. ***Amazing Grace: A Vocabulary of Faith***. NY: Riverhead Books, 1998.  
*Recommended in Winter 2000 newsletter issue.*

Norris, Kathleen. ***Meditations on Mary***. NY: Viking Studio, 1999. *Recommended in Winter 2000 newsletter issue.*

Nouwen, Henri. ***Sabbatical Journey: The Diary of His Final Year***. NY: Crossroad Publishing, 1998.  
*Recommended in Winter 2000 newsletter issue.*

Nuland, Sherwin B. ***How We Die: Reflections on Life's Final Chapter***. NY: Vintage Books, 1995.  
*Recommended in Winter 2000 newsletter issue.*

## O

O'Murchú, Diarmuid. *Quantum Theology*. NY: Crossroad Publishing, 1997. *Recommended in Winter 2000 newsletter issue.*

## P

Palmer, Parker J. *A Hidden Wholeness: The Journey toward an Undivided Life: Welcoming the Soul and Weaving Community in a Wounded World*. CA: Jossey-Bass, 2004. *Recommended in Spring 2005 issue.*

Pennington, M. Basil. *Centering Prayer: Renewing an Ancient Christian Prayer Form*. NY: Image Books, 1982. *Recommended in Winter 2003 newsletter issue.*

## R

Remen, Rachel Naomi. *My Grandfather's Blessings, Stories of Strength, Refuge, and Belonging*. NY: Riverhead Books, 2000. *Recommended Winter 2001 newsletter issue.*

Rohr, Richard. *Adam's Return: The Five Promises of Male Initiation*. NY: Crossroad Publishing, 2004. *Recommended in Fall 2005 issue.*

Rolheiser, Ronald. *Forgotten Among the Lilies: Learning to Live Beyond Our Fears*. NY: Doubleday, 2005. *Recommended in Winter 2006 newsletter issue.*

## S

Sands, Helen Raphael. *The Healing Labyrinth: Finding Your Path to Inner Peace*. NY: Barron's Educational Series, 2001. *Recommended in Winter 2003 newsletter issue.*

Sewell, Marilyn, ed. *Cries of the Spirit: A Celebration of Women's Spirituality*. Boston: Beacon Press, 1991. *Recommended in Winter 2000 newsletter issue.*

Silf, Margaret. *Inner Compass: An Invitation to Ignatian Spirituality*. Chicago: Loyola Press, 1999. *Recommended in Winter 2001 newsletter issue.*

Soering, Jens and Tilden Edwards. *The Way of the Prisoner: Breaking the Chains of Self through Centering Prayer and Centering Practice*. NY: Lantern Books, 2003. *Recommended in Winter 2003 newsletter issue.*

## T

Thibault, Jane M. *A Deepening Love Affair: The Gift of God in Later Life*. Nashville, TN: Upper Room Books, 1993. *Noted in Spring 2004 newsletter issue.*

Thomson, Lenore. **Personality Type: An Owner's Manual**. Boston: Shambhala, 1998. *Recommended in Spring 2006 newsletter issue.*

Timpanelli, Gioia. *Sometimes the Soul: Two Novellas of Sicily*. NY: W.W. Norton, 1998. *Recommended in Winter 2000 newsletter issue.*

## W

West, Melissa Gayle. *Exploring the Labyrinth: A Guide for Healing & Spiritual Growth*. NY: Broadway Books, 2000. *Recommended in Winter 2003 newsletter issue.*

Whitehead, James D. and Evelyn Eaton Whitehead. *Shadows of the Heart: A Spirituality of the Painful Emotions*. NY: Crossroad Publishing, 1996, 1994. *Recommended in Winter 2000 newsletter issue.*

Whitmire, Catherine. *Plain Living: A Quaker Path to Simplicity*. Notre Dame, IN: Sorin Books, 2001. *Recommended in Spring 2002 newsletter issue.*

Whyte, David. *Crossing the Unknown Sea: Work as a Pilgrimage of Identity*. NY: Riverhead Books, 2001. *Recommended in Autumn 2002 and Fall 2006 newsletter issues.*

Wiederkehr, Macrina. *A Tree Full of Angels: Seeing the Holy in the Ordinary*. San Francisco: Harper & Row, 1990, 1988. *Recommended in Winter 2000 newsletter issue.*

## MUSIC

**Child of All Earth** by Phyllis Cole-Dai, 2007. Available at <http://www.phylliscoledai.com/music-group-50.html>. *Recommended in Fall 2007 newsletter issue.*

**The Divine Feminine: A Musical Meditation on the Mystery and Spirit of Woman** by various artists. Telarc Recording Label, 2006. *Recommended in Winter 2006 newsletter issue.*

**Free** by Libera, Steven Geraghty, Gustav Holst, Robert Prizeman, et al. EMI Classics Label, 2004. *Recommended in Winter 2005 newsletter issue.*

**Friends** by Phyllis Cole-Dai, 2006. Available at <http://phylliscoledai.com/music-group-25.html>. *Recommended in Fall 2006 newsletter issue.*

**The Prayer Cycle** by Jonathan Elias. Sony Label, 1999. *Recommended in Spring 2007 newsletter issue.*

**Sacred Ground** by Sweet Honey in the Rock. Earthbeat Recording Label, 1995. *Recommended in Winter 2006 newsletter issue.*

**Small Sky: Breath Music** by Pat Clemence. Serenity Music Label, 1999. *Recommended in Winter 2005 newsletter issue.*

**Songs for the Inner Child** by Shaina Noll. Singing Heart Label, 1992. *Recommended in Spring 2006 newsletter issue.*