

Debbie Kennedy

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How should your practice be identified? (Company name or your own name):

Light for the Journey

Summary:

My practice of spiritual direction is a sacred privilege and time of companioning, being fully present to sit with, listen deeply and hold space without judgment and with openness, allowing the seeker to find their own way. We journey together in God's presence, guided by Holy Spirit as we wonder, explore, find meaning and notice the movement and invitation of the Divine. My intention is to hold up as a mirror the shape of what the other is thinking and to echo back with clarity and compassion what the other is saying, to help them identify and discern what is stirring in the depths of their heart. My hope is that my companion will discover greater wholeness, healing, freedom, truth and come closer to God as they give voice to their questions, wonderings, hopes and longings.

How will seekers meet with you?

In person, virtually by phone, FaceTime, Zoom

What is your fee?

\$40 -\$100/hour or as agreed upon per need

