

Mary van Balen

maryvanbalen@gmail.com

740 503-3987

43212

How should your practice be identified? (Company name or your own name):

Mary van Balen

Bio:

Mary van Balen holds an MA in Theology and has completed the Spiritual Guidance Program at the Shalem Institute. She uses a contemplative style of spiritual companionship with a focus on prayerful, deep listening to help the directee become aware of and attentive to God's presence and movement in their lives. Mary understands spiritual companionship to be prayer, recognizing God as the true director. She strives to provide a safe time and space for the directee to share their journey. Sessions are flexible but usually an hour. Mary now offers these sessions virtually or over the phone. In the future, in-person sessions will be offered.

How will seekers meet with you?

Virtually, Individually

What is your fee?

Sliding scale

